



*Building bridges that connect
everyone to dynamic life in Christ*

MENTORING

overview

What is Mentoring?

Mentoring is a one-on-one, same gender relationship that provides an opportunity for those who are younger (in age or faith) to be spiritually guided by someone more mature.

What do Mentors do?

Mentors provide an environment for spiritual growth which prioritizes the relationship, while engaging with Scripture and other resources that deepen faith.

What is a Mentor's Commitment?

- Meet with your mentee weekly or bi-weekly for 9–12 months.
- Intentionally explore a variety of spiritual topics.
- Pray for and with your mentee regularly.
- Participate in a one-time training prior to beginning.

What is Forest Hill's commitment to mentors and mentees?

Campus staff will provide ongoing resources and be the first point of contact for support and encouragement. If help is needed finding a mentee, campus staff will make recommendations and introductions. However, mentors are encouraged to reach out to candidates they already know through Forest Hill. A list of materials to use when meeting with your mentee is provided at fhcgroupleaders.org.



FOREST HILL
CHURCH

How will mentors and mentees grow?

PERSONALLY

Gain greater understanding of how God is shaping the story of your life and using your story in his Kingdom.

SPIRITUALLY

Grow in your knowledge of God and his purposes and desires for you as a follower of Jesus by practicing different spiritual disciplines.

INFLUENTIALLY

Apply your personal and spiritual growth in loving and leading wherever God places you.

What topics will mentors and mentees explore?

Mentors will be equipped at a one-time training with a resource list aligned with Forest Hill's essentials, values and measures. Together, the mentor and mentee will pick the topics that will best shape their time together. Topics include:

- Foundational relationship with God
- Grace
- Prayer
- Spiritual disciplines
- The Bible
- Doctrine & theology
- God's will
- Apologetics & evangelism
- Character
- Purpose & identity
- Relationships (including marriage, parenting & dating)
- Work
- Leadership

NEXT STEPS

GO TO [FHCGRUPLEADERS.ORG](https://fhcgroupleaders.org)

Pray and discern if God is calling you to mentor. Use the [Am I Mentor Material?](#) tool for guidance.

Review the Volunteer Commitment Form.

Fill out the Mentor Application.

Email groups@foresthill.org to learn about upcoming trainings.