

EASTLAND MEDICAL RESPONDER

MISSION OF FOREST HILL CHURCH

Our purpose at Forest Hill is to Build Bridges that connect Everyone to Dynamic Life in Christ.

VISION OF CONNECTIONS

We want to see every person connect with one another, connect with the mission of FHC, and connect with their own, God-given purpose.

BE PREPARED

- Be early and attend weekly huddles
- Wear your nametag and volunteer t-shirt
- Attend volunteer training events
- Communicate with your leaders (emails, availability etc.)

THINGS TO KNOW

- There is a reserved seat for the medical responder on house right
- The orange medical bag is under this chair
- The medical bag has first aid and AED located inside
- Most Eastland staff is CPR Certified if you need support
- Know the Eastland staff who can support you and activate EMS

QUALIFICATIONS

- **Alert and Aware**
- **Medical Degree/Certification.**
- **Ability to ease situation**
- **Pursuing a relationship with Jesus**

HOW TO *Build Bridges* AS A MEDICAL RESPONDER

- ⇒ **Make eye contact and smile**
- ⇒ **Leave your phone in your pocket**
- ⇒ **Anticipate needs**
- ⇒ **Reassure individuals in case of medical emergency**
- ⇒ **Stay focused and avoid conversations that would distract you from being engaged.**
- ⇒ **Try to meet at least 1 or 2 people you don't recognize each week**
- ⇒ **Write the names of the people you meet and begin praying for them.**