

# MENTORING

## Prayer Guide

One of the key fundamental part of every relationship that we have is communication. Since prayer is one of our communication tools with God. Prayer is essential in your mentoring relationship. Leaning into prayer in this work actually takes the pressure off of you as the mentor. God is the one who changes people not anyone else.

Praying during the process of finding an mentee helps us surrender to what God has instore for this process. Here is a sample prayer during the process of finding your mentee:

### **Prayer for the right mentee:**

Lord, thank you for the opportunity to walk with a mentee for the next 9 months. Please guide each of us as we seek after you in this process. Guide me to the individual that you would have me walk with in this next season. Prepare us both for what we will learn from each other. Help me see who this person is, even if it is someone I am overlooking or not sure if I should invite them into this journey.

### **Best Practices for Prayer with your mentee:**

- Make time to pray together. This is actually a great tool to help the mentee develop a new and/or deeper prayer life.
- Encourage your mentee to pray for the journey that you are on and for each other.
- Share your prayer requests with one another.
- Challenge them to journal their prayers for a month. Journaling prayers are a special way to keep track of what they have prayed for and to see how God answers prayers.
- Use technology to stay in touch with prayer requests.
- Set a calendar reminders during the week to pray for your mentee