

Date of Sermon: October 25, 2020

Topic of Sermon: Cutting through the Noise: Overcoming Temptation

Main Passage: Proverbs 7:6-27

BEFORE your group meeting:

- **Participate in Worship** in-person or online to hear the sermon you will be discussing.
 - You can also catch-up on YouTube or at https://www.foresthill.org/en/on_demand
- **Encourage your group members** to watch the sermon and take a closer look at the Scripture that is used.
- **Look over the questions** provided below and think through your own responses.
- **Plan your meeting.** The Dig Deeper section is great to use in your group discussion (if there's time) or you can send it out to your group members after the meeting for their personal devotion time.
- **Pray for the Spirit** to use your group discussion to encourage dynamic life in Christ in each of you.

What's the Big Idea?

We are not defined by temptation. Temptation can be overcome.

Get Started

Temptations come in different shapes and sizes. What is a small temptation that you fight? Is there something that you face each day or something that you have overcome?

Dive into the Sermon

- 1 Kings 11:1-4 and 11-13 lay out the ground work for the example of temptation that King Solomon wrestled with in his life. What did this passage open for you? Have you thought about the implications of your temptations?
- Three aspects of temptations to remember:
 - a. Temptation is not from God.**
 - b. Temptation is not sin.**
 - c. If you are tempted, you are trying.**

How do these aspects help you in thinking about your own temptations?
What is your response to knowing that God is not tempting you or wanting you to fall?
- In the passage of Proverbs 7, we see the path of temptation for a young man. His actions take him in a desire for what is now not what is best, when you face temptations, do you see the immediate or the long term result? How do you respond?
- In overcoming temptation, some key steps include: Setting up guardrails, telling someone, finding a mentor. Are these steps that you have taken? How have they helped you in your fight?

Dig Deeper into a Scripture Passage

Use the HEAR Bible Reading Method to learn more what the Bible teaches us about joy.



Bible-Reading Tip: Begin by asking God to open your eyes and hearts to His Word. In 1 Corinthians 2:6-16, Paul writes that the Spirit – who lives inside everyone who believes in Jesus – knows the depths of God and reveals Him to those who follow Jesus. So, always begin your time of reading the Bible with a prayer for Him to open your eyes and ears to what He will reveal. This doesn't mean that you will always have an emotional encounter or a special revelation, but you are acknowledging that He is that One through whom all wisdom is revealed.

⁶At the window of my house
I looked through my lattice.
⁷I saw among the inexperienced,^[a]
I noticed among the youths,
a young man lacking sense.
⁸Crossing the street near her corner,
he strolled down the road to her house
⁹at twilight, in the evening,
in the dark of the night.
¹⁰A woman came to meet him
dressed like a prostitute,
having a hidden agenda.^[a]
¹¹She is loud and defiant;
her feet do not stay at home.
¹²Now in the street, now in the squares,
she lurks at every corner.
¹³She grabs him and kisses him;
she brazenly says^[a] to him,
¹⁴"I've made fellowship offerings;
today I've fulfilled my vows.
¹⁵So I came out to meet you,
to search for you, and I've found you.
¹⁶I've spread coverings on my bed—
richly colored linen from Egypt.
¹⁷I've perfumed my bed
with myrrh, aloes, and cinnamon.
¹⁸Come, let's drink deeply of lovemaking until morning.
Let's feast on each other's love!
¹⁹My husband isn't home;
he went on a long journey.
²⁰He took a bag of silver with him
and will come home at the time of the full moon."
²¹She seduces him with her persistent pleading;
she lures with her flattering talk.
²²He follows her impulsively
like an ox going to the slaughter,
like a deer bounding toward a trap^[a]
²³until an arrow pierces its^[a] liver,
like a bird darting into a snare—
he doesn't know it will cost him his life.
²⁴Now, sons, listen to me,
and pay attention to the words from my mouth.
²⁵Don't let your heart turn aside to her ways;
don't stray onto her paths.
²⁶For she has brought many down to death;

HEAR Bible Reading Method

HIGHLIGHT the passage

- Underline any repeated words or key ideas you see.
- Note any questions you have about what you read.
- In 2-3 sentences, summarize what was said or what happened.

EXPLAIN the passage

- What was revealed about God? His character, desires, and/or actions?
- What was revealed about people? What we are/do or what we should be/do?

APPLY the passage

- From this reading, what truth do you need to embrace?
- By God's power, how will you THINK, SPEAK, or ACT differently based on what you read?

RESPOND to the passage

- Talk to God about what you've seen and learned in this passage.
- Ask Him to help you apply the truth to your life.

groups

her victims are countless.²⁷

²⁷ Her house is the road to Sheol,
descending to the chambers of death.