

Life Group Member Guide

Focal Passage: Mark 7:14-23 (CSB)

Passage in Context: Mark 7:14-23 (CSB)



Bible-Reading Tip: Begin by asking God to open your eyes and hearts to His Word. In 1 Corinthians 2:6-16, Paul writes that the Spirit – who lives inside everyone who believes in Jesus – knows the depths of God and reveals Him to those who follow Jesus. So, always begin your time of reading the Bible with a prayer for Him to open your eyes and ears to what He will reveal. This doesn't mean that you will always have an emotional encounter or a special revelation, but you are acknowledging that He is that One through whom all wisdom is revealed.

¹⁴ Summoning the crowd again, he told them, “Listen to me, all of you, and understand: ¹⁵ Nothing that goes into a person from outside can defile him but the things that come out of a person are what defile him.”

¹⁷ When he went into the house away from the crowd, his disciples asked him about the parable. ¹⁸ He said to them, “Are you also as lacking in understanding? Don't you realize that nothing going into a person from the outside can defile him? ¹⁹ For it doesn't go into his heart but into the stomach and is eliminated” (thus he declared all foods clean). ²⁰ And he said, “What comes out of a person is what defiles him. ²¹ For from within, out of people's hearts, come evil thoughts, sexual immoralities, thefts, murders, ²² adulteries, greed, evil actions, deceit, self-indulgence, envy, slander, pride, and foolishness. ²³ All these evil things come from within and defile a person.”

HEAR Bible Reading Method

HIGHLIGHT the passage

- Underline any repeated words or key ideas you see.
- Note any questions you have about what you read.
- In 2-3 sentences, summarize what was said or what happened.

EXPLAIN the passage

- What was revealed about God? His character, desires, and/or actions?
- What was revealed about people? What we are/do or what we should be/do?

APPLY the passage

- From this reading, what truth do you need to embrace?
- By God's power, how will you THINK, SPEAK, or ACT differently based on what you read?

RESPOND to the passage

- Talk to God about what you've seen and learned in this passage.
- Ask Him to help you apply the truth to your life.