

Our new mission statement is: Building Bridges to Connect Everyone to the Dynamic Life in Christ. But what does being connected and living that life look like and feel like? This spring we will be going through the Book of Mark to discover what it means to live the Dynamic Life in Christ. These discussion guides will follow along with the sermon series by using passages from the book of Mark.

These guides will be organized using the acronym HEAR as a way to teach people to read the Bible. HEAR stands for **H**ighlight the passage, **E**xplain the passage, **A**pply the passage, and **R**espond to the passage.

Each week, there will be a page to print off for each member of your group. The printed sheet will have the Bible passage you'll discuss and some questions in the margins to guide them in examining those verses.

Additionally, there will be a leader's guide that will give you helpful notes on the passage (i.e. background information and definitions) as well as discussion questions to lead your group. These don't need to be printed for each member of your group.

These guides are designed to be discussed BEFORE the sermon, so the group can discuss the passage before the pastor shares his insights. However, they can just as easily be used after the weekend message.

Our hope is these tools will (a) help your group members learn to study/read their Bibles outside of the group and (b) give you a helpful outline for facilitating the group discussion. If you have comments or questions about the discussion guides, we'd love to hear your constructive feedback. Send your feedback to us at groups@foresthill.org.

How to Use This Discussion Guide

- Print off the "Life Group Member Guide" for each member of your group – or email it to them in advance.
- Use the summary statement for each week to quickly understand the text's theme. You can use that as a reference point to help guide your discussion or bring it back if your group begins to get off topic.
- Use the prayer prompt at the end of each guide to help you close in prayer.

Additionally, here are some tips and guidelines to help you lead these discussions:

1. **Choose the questions that best fit your group and your time constraints.** There are a lot of questions in this guide and your group may not be able to discuss them all. That's okay! You don't have to ask all of them. Before your group begins, choose the questions that are most likely to help your group understand what God is saying in the text and how to apply it to their lives.
2. **Prepare for your group time by reading the passages and the notes in a study Bible.** A good study Bible can give you some insights into the passages and how they connect to the whole book or the whole story of the Bible.
3. **Begin every group meeting with prayer.** We can only understand and apply God's Word with the help of the Holy Spirit. So, invite the Spirit to open your hearts and minds to what He says to His people.
4. **Keep the conversation focused on Scripture as much as possible.** Some people may want to bring in their opinions or continually refer to what the teaching pastor said during his message. This is helpful in small doses, but the goal of this discussion guide is to help you determine what God is saying in His Word. Encourage the group to continue to return to the Scripture. One way to do that is by saying, "That's a great insight! Where do you see that in the Scripture we're studying?"
5. **Encourage participation, but don't let anyone dominate.** Encourage everyone to share insights, ask questions, and read aloud. But don't allow any one person – even yourself, the leader – to monopolize the time. Some people are just unaware of themselves and how much they speak, so gently encourage them to listen and make space for others to talk.
6. **Help your group members to be specific in the application of Scripture.** It is easy to generalize when we talk about the Bible and how to apply it. So ask your group members specific questions – for example, "What part of the world do you sense God wants you to pray for? How will you do that? How will you make that a habit?"

We pray that you will hear God speak through Scripture and that His Spirit will move you to obey Him. The Word of God – the Bible – lets us know the God who loves us and saves us. May this discussion guide help you and your Life Group to become more immersed in His Word.

Date of Sermon: May 3

Topic of Sermon: Peter's Confession & Jesus Prediction

Main Passage: Mark 8: 27-37

BEFORE your group meeting:

- Look up the main passage in a study Bible and read the study notes
- Print off or send the "Group Member Guide" (page 4) for your group members
- Review the "Group Member Guide" for yourself
- Have enough pens for each group member.

Topic of Life Group Meeting There are highs and lows to living a Dynamic Life for Christ. It includes the calling to sacrificial living and suffering that has a redemptive purpose.

Icebreakers (optional)

- What is one time in your life where you have had to make a sacrifice for the benefit of someone else?

Leader's Note: Introduce the next part of the group meeting. You can read this introduction or put it in your own words:

"Today, we're going to spend a few minutes studying the focal passage on our own before we discuss it as a group. I've printed out a copy of the Bible passage for you. There are some questions in the margins to help you. Spend most of your time on the Highlight and Explain questions. Feel free to mark up, underline or highlight the passage. I'm going to give us about 5 minutes to do this. Let me begin by praying that God will open our minds and hearts to His Word."

When you come back together, use the questions below to guide the discussion.

HIGHLIGHT the Passage

- What key ideas, words or phrases stood out to you from the passage today? What is the significance of those?
- Did this passage raise any questions for you?
- How would you summarize this passage in your own words? Would anyone else add or emphasize something to that summary?

EXPLAIN the Passage

- What are some things this passage revealed about people?
- Why do you think Jesus asked his disciples, "Who do people say that I am?" vs.27
- Why did Jesus warn the disciples to tell no one about him in verse 30?
- Why do you think Peter rebuked Jesus in verse 32?
- In verse 34 what does Jesus mean when he says "If anyone wants to follow after me, let him deny himself, take up his own cross, and follow me."
- What are some things this passage revealed about God? His nature, His work, or His character?

APPLY the Passage

- What truth from this passage do you need to cling to? What makes that truth significant to you?
- By God's power, what is God calling you to change in how you think, speak, or act?
- How do you answer the question "But you, who do you say that I am?" vs. 29
- What does denying yourself look like when following Christ?
- What small step can you make today towards sacrificially living for Christ?

RESPOND to the Passage

- Finish your time in prayer, thanking God for the sacrificial gift of Jesus. Seek him and ask for guidance on how you can take up your own cross and follow him, living sacrificially for the Lord.

COMMENTARY NOTES ON THE MAIN PASSAGE

8:29 Jesus asked his disciples to state their own belief of who they think he is. Peter responds, **you are the Messiah**. This is the first time in Mark's Gospel that a person makes this identification. Messiah means God's anointed one and refers to God's appointed deliverer and King.

8:30 Jesus command to tell no one was a response to the popular misunderstanding that the Messiah would be a military conqueror. Jesus had to teach his disciples that the Messiah would actually suffer and die.

8:32 Peter could not accept a suffering Messiah. He took Jesus aside in a bid to convince him to stop speaking of his death.

8:34 The kind of Messiah Jesus was had implications for anyone who wanted to be his follower. An incorrect understanding of his messiahship leads to an incorrect understanding of discipleship.

Deny himself refers to a denial of self-centered interests.

8: 35-37 The words save and lose show that Jesus was speaking not merely of physical life but of the essence of humanity; the soul. The sure way to save the soul is to lose it (entrust it to Jesus). There is no exchange rate high enough for the soul; money cannot buy it.

groups

Life Group Member Guide

Focal Passage: Mark 8 (CSB)

Passage in Context: Mark 8: 27-37



Bible-Reading Tip: Begin by asking God to open your eyes and hearts to His Word. In 1 Corinthians 2:6-16, Paul writes that the Spirit – who lives inside everyone who believes in Jesus – knows the depths of God and reveals Him to those who follow Jesus. So, always begin your time of reading the Bible with a prayer for Him to open your eyes and ears to what He will reveal. This doesn't mean that you will always have an emotional encounter or a special revelation, but you are acknowledging that He is that One through whom all wisdom is revealed.

²⁷ Jesus went out with his disciples to the villages of Caesarea Philippi. And on the road he asked his disciples, “Who do people say that I am?”

²⁸ They answered him, “John the Baptist; others, Elijah; still others, one of the prophets.”

²⁹ “But you,” he asked them, “who do you say that I am?”

Peter answered him, “You are the Messiah.” ³⁰ And he strictly warned them to tell no one about him.

His Death and Resurrection Predicted

³¹ Then he began to teach them that it was necessary for the Son of Man to suffer many things and be rejected by the elders, chief priests, and scribes, be killed, and rise after three days. ³² He spoke openly about this. Peter took him aside and began to rebuke him. ³³ But turning around and looking at his disciples, he rebuked Peter and said, “Get behind me, Satan! You are not thinking about God’s concerns^[a] but human concerns.”

Take Up Your Cross

³⁴ Calling the crowd along with his disciples, he said to them, “If anyone wants to follow after me, let him deny himself, take up his cross, and follow me. ³⁵ For whoever wants to save his life will lose it, but whoever loses his life because of me and the gospel will save it. ³⁶ For what does it benefit someone to gain the whole world and yet lose his life? ³⁷ What can anyone give in exchange for his life?

HEAR Bible Reading Method

HIGHLIGHT the passage

- Underline any repeated words or key ideas you see.
- Note any questions you have about what you read.
- In 2-3 sentences, summarize what was said or what happened.

EXPLAIN the passage

- What was revealed about God? His character, desires, and/or actions?
- What was revealed about people? What we are/do or what we should be/do?

APPLY the passage

- From this reading, what truth do you need to embrace?
- By God’s power, how will you THINK, SPEAK, or ACT differently based on what you read?

RESPOND to the passage

- Talk to God about what you’ve seen and learned in this passage.
- Ask Him to help you apply the truth to your life.