



D-Group Leader FAQ

Welcome to the D-Group leadership application process! We are excited to help you get your group started! We hope this FAQ sheet will answer most of your questions as you join us in fulfilling the Great Commission and as we equip you to be a disciple who makes disciples who make disciples.

And Jesus came and said to them, "All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age."

Matthew 28:18-20

What's a D-Group?

D-Groups are environments developed by Forest Hill Church to foster deep spiritual growth through the study of Scripture, intentional accountability, and authentic community for the purpose of making disciples who make more disciples.

When and How long do D-Groups Meet for?

D-Groups are designed to meet weekly for a year, with the exception of holiday breaks. You have the freedom to meet in your home, a coffee shop, or any place you feel is comfortable and safe for people to be open in sharing what they're learning.

What does being disciple maker mean?

A disciple-maker is someone who is actively trying to live out the Great Commission in his/her daily life by seeking the Lord and inviting others to do the same alongside of him/her. A disciple-maker models what it means to follow Christ and invites others to imitate him/her as he/she follows Christ.

How can I lead a group?

Once you've been invited to lead a group, there is a brief application for you to fill out and submit. After we receive that application, a staff member from Forest Hill Church will meet with you one-on-one and invite you to our leader training where you'll be equipped and introduced to fellow D-Group leaders who are on the same journey as you are.

Do I need to be a member to lead a D-Group?

Yes. Or if you are not currently a member of Forest Hill but are in the process of becoming one, you are welcome to apply to be a D-Group Leader.

Can I invite anyone to my group?

D-groups are designed for those who have already participated in LifeGroups and are seeking to go deeper in their spiritual growth. Therefore, they are not open to everyone. We encourage you to identify who in your circle (I.e. Lifegroup, circle of friends or co-workers) is ready for this next step and prayerfully invite them to be a part of your group.

How many people are in a D-Group?

D-groups consist of 3-5 people, including the leader. The aim of D-Groups is to model and teach life-on-life discipleship that is intentional and authentic. Groups that are larger than 5 make this aim unnecessarily difficult to achieve.

How do I start a group?

Being a disciple maker requires prayerfully identifying who God has placed in your life to be spiritually impacted by your involvement in their lives. After identifying those people, a disciple-maker takes intentional and actionable steps towards helping those people to grow in their walk with Jesus. As you are considering leading a group, we ask you to start praying about who those people might be in your circle of influence and inviting them to join you. If you need any assistance doing that, we are happy to help.

What are the “MARCS” of a Healthy D-Group?

The principles of a healthy D-Group are summed up in the acronym “MARCS”: Missional, Accountable, Reproducible, Communal, and Scriptural.

MISSIONAL – Healthy D-Groups meet regularly in places where they can form meaningful gospel relationships. They spur each other on toward sharing the gospel and making disciples of those outside the group.

ACCOUNTABLE – Healthy D-Groups foster authentic, honest, accountable relationships and hold members accountable to both their personal growth and to apply what they’re learning.

REPRODUCIBLE – Healthy D-Groups being with the end in mind. From the beginning their goal is to replicate the process at the end of the year by sending out each group member to start making disciples by leading their own D-Groups or LifeGroups or engaging in making disciples in their sphere of influence (workplace, neighborhood, etc.). This is possible because it is simple to replicate the components of disciple-making that are modeled in D-Groups.

COMMUNAL – Healthy D-Groups are communities that practice the “one anothers” of Scripture. They text throughout the week, meet weekly, and build Christ-centered friendships.

SCRIPTURAL – Healthy D-Groups have as their text book, the Bible. There is an epidemic of studies in the church that teach us a lot about the Word but don’t teach us how to engage the Word and hear from God on our own.

What can I expect from our church leadership?

As a D-Group leader, you can expect to be trained, equipped and supported as you lead your group of 2-4 others in becoming more like Christ. We also consider you part of our church's leadership team and hold you to a higher moral and spiritual standard. Please read our [Beliefs' document](#) listed below and sign off on it if you're not a member yet. We commit to pray for you as you pursue God's call on your life to make disciples and hold you accountable to the 8 Habits of a Disciple.

What are the 8 Habits of a Disciple?

Know Christ

1. Abide daily with Jesus in prayer and the Word

Grow in Christ

2. Worship weekly
3. Use your gifts
4. Live life authentically with other believers
5. Practice generosity
6. Honor your family

Go for Christ

7. Serve the least
8. Reach the lost

At Forest Hill we believe:

The Bible is God's Word to us. All Scripture is self-attesting and true, so we must follow and believe it in all areas of life.

God is the Creator and Ruler of the universe. He has eternally existed as the Father, the Son and the Holy Spirit. The three are coequal and are one God.

Jesus is the Son of God. He was conceived by the Holy Spirit and born of the Virgin Mary - God who became man to die on the cross as a sacrifice for our sins. Three days later, He rose from the dead and ascended into Heaven where He is now our High Priest and Mediator.

The Holy Spirit lives in each Christian from the moment of salvation. He makes us aware of our need for Christ and draws us close to Him. Living in our hearts, He gives us new life, understanding of spiritual truth and guidance as we seek to do what's right and live under His control.

Salvation is God's free gift to us, but we must accept it. Our salvation is wholly dependent upon the work of God's free grace. Those who put their faith alone in Christ for Salvation are children of God and heirs of eternal life.

The Bible, Communion, Baptism and community are integral parts of the church. The true church finds expression in local congregations where the Word of God is preached in its purity, the sacraments -- communion and baptism -- are administered in their integrity, scriptural discipline is practiced and loving fellowship is maintained.

He is coming back. Jesus Christ will come again to earth to judge the living and the dead.

It's a priority to tell other people about the transforming power of Christ. We are commanded, as believers, to proclaim the Gospel throughout the world and make disciples who make disciples.

Social Media Image

As representatives of the Gospel of Jesus Christ and leaders of Forest Hill Church you are held to a higher standard. That includes your social media presence and image, make sure all your communications and pictures are above reproach and not in conflict with a life that brings honor to Christ.

Who do I contact if I have more questions?

You can direct all questions about D-Groups to Mekdes Haddis at mekdes.haddis@foresthill.org.